

Rapidity and momentum distributions of 1D dipolar quantum gases

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One-dimensional ultracold bosonic gases with contact interactions are described by the integrable Lieb-Liniger model. In the case of 1D dysprosium gases, two open questions are whether its strong dipole-dipole interactions produce measurable effects in equilibrium and whether a description based on the Lieb-Liniger model is still applicable. In this work, we measure the rapidity and momentum distributions of low-temperature equilibrium states of highly magnetic 1D dysprosium Bose gases. We tune the strength of the dipolar interactions by changing the magnetic field orientation and compare the measurements to the Lieb-Liniger model predictions obtained using the thermodynamic Bethe ansatz (for rapidity) and path-integral quantum Monte Carlo (for momentum). The theory quantitatively describes the experiments most closely in the Tonks-Girardeau limit. The agreement worsens at intermediate interactions, but theory nevertheless tracks the overall experimental trends. Our results show that the dipolar interactions have a significant effect, which weakens as one approaches the Tonks-Girardeau limit, and suggest that the Lieb-Liniger model is a good starting point for describing near-ground-state dipolar 1D gases.

A defining feature of integrable quantum systems is that they possess stable quasiparticles. In the dilute limit, or for noninteracting systems, these quasiparticles are simply the microscopic particles. In dense, strongly interacting systems, the mapping between quasiparticles and microscopic particles is nontrivial, and the quantum numbers of the quasiparticles (known as rapidities) are distinct from the microscopic particle momenta [1, 2]. Although the distribution of rapidities is theoretically the most natural way to describe the state of an integrable or nearly integrable system, it was not experimentally measured until recently [3, 4].

Measuring rapidity distributions requires a modified time-of-flight sequence [3]. In this protocol, one first allows the system to freely expand in one dimension under near-integrable dynamics; this step preserves the rapidity distribution while making the system dilute. Once the system is dilute, rapidity and momentum distributions coincide, and one can extract the rapidity distribution via time-of-flight imaging. Since theoretical techniques for studying integrable systems work with rapidity distributions, the ability to measure these distributions allows for quantitative comparisons between theory and experiment. To date, however, this technique has been used to characterize near-integrable 1D Bose gases with only contact interactions, where the confining potential is the primary source of weak integrability breaking [3, 4].

In the present work, we use momentum and rapidity distributions to characterize an array of 1D dipolar quantum gases. On the experimental front, we are interested in understanding the effect on those quantities of changing the strength of the contact and dipolar in-

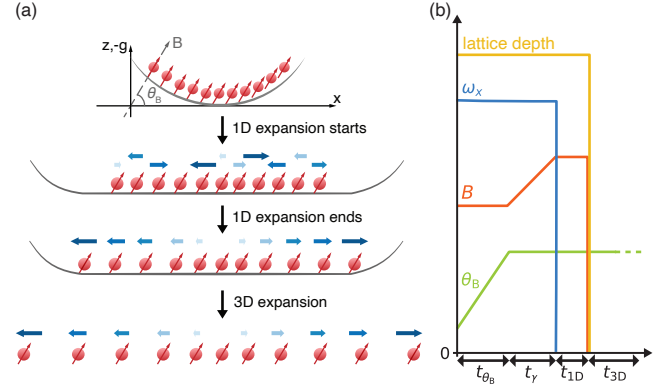


FIG. 1. (a) Schematic illustrating the experimental sequence for measuring the rapidity distribution of a dipolar 1D gas. A dipolar 1D gas is prepared with a magnetic field magnitude B and angle θ_B resulting in contact strength g_{1D} . Then, the underlying harmonic trap is suddenly removed, while the transverse confinement is maintained. This allows the quantum gas to expand in a flat, 1D trap along $\hat{x}$. Time-of-flight absorption imaging follows 3D expansion by switching off all optical traps. The blue arrows denote the rapidities. (b) Timing sequence for creating a dipolar 1D gas at dipolar angle θ_B and g_{1D} . Once the quantum gas is loaded into a quasi-1D trap, the B -field angle is slowly rotated from 55° to $\theta_B = 0^\circ, 35^\circ$, or 90° in a time t_{θ_B} , or kept at 55° , as the experiment requires. g_{1D} is then set to its final value by ramping the B -field strength near a Feshbach resonance in a time $t_\gamma = 50$ ms.

teractions. On the theoretical front, we explore whether modeling the system as an array of 1D gases with only (integrable) contact interactions can capture the main experimental observations. The dipole-dipole interactions

(DDI) break integrability [5] and are expected to be the main reason for potential disagreements between the experimental and theoretical results. Consequently, we first compare experimental and theoretical results in a dilute Tonks-Girardeau (TG) limit because the contact interaction strength diverges in this state, which we expect will reduce the importance of the DDI. We then fully characterize the effect that changing the contact and dipolar interaction strength has in the system for more moderate contact interaction strengths.

A dipolar ^{162}Dy BEC of $2.3(1) \times 10^4$ atoms is prepared in a 1064-nm crossed optical dipole trap (ODT) with a final trap frequency of $2\pi \times [55.5(6), 22.5(5), 119.0(7)]$ Hz; more details can be found in Refs. [5, 6]. The gas is then adiabatically loaded into a 2D optical lattice that is blue-detuned from Dy's 741-nm transition [7, 8]. Roughly two thousand 1D traps are populated, with the central ones containing about 40 atoms. Before loading, the angle of an externally imposed magnetic field is set to $\theta_B \approx 55^\circ$ with respect to $\hat{x}$, the 1D axis of the gases. This minimizes the intratube DDI among atoms within the same 1D trap, which scales as $1 - 3\cos^2\theta_B$. When the optical lattice reaches a depth of $30E_R$, the 1D trap frequency ω_x is lowered to $2\pi \times 36.4(3)$ Hz by reducing the power of the 1064-nm ODT. The recoil energy is $E_R = \hbar^2 k_R^2 / 2m$ and $k_R = 2\pi / 741$ nm, where m is the mass of the highly magnetic, 10 Bohr magneton ^{162}Dy atom we use [9]. Simultaneously, a 1560-nm ODT is superimposed to negate the antitrapping potential caused by the blue-detuned optical lattice. We then set θ_B to the particular value we require by rotating the magnetic field while maintaining the same lattice depth by adjusting the optical lattice power to compensate for the large tensor light shift [8]. The 1D-regularized contact interaction strength g_{1D} is then ramped to the required final value via a confinement-induced resonance [6, 10, 11]. The resonance is accessed by adjusting the magnitude B of the magnetic field near a Feshbach resonance [7, 12]. To create the dilute TG gases, we prepare a smaller BEC of $5.8(2) \times 10^3$ atoms and set $\theta_B = 90^\circ$; this leads to a maximum of about 15 atoms in the central 1D tubes.

Figure 1 illustrates the experimental sequence for measuring rapidity and momentum distributions. To measure the rapidity distribution, a 1D expansion of duration $t_{1D} = 15$ ms is followed by a 3D expansion of duration $t_{3D} = 18$ ms. Momentum distributions are measured by setting $t_{1D} = 0$ with the same t_{3D} . The magnetic field is switched to the imaging quantization axis $\hat{y}$ at a time 5 ms after the start of the 3D expansion. To reduce the effect of initial gas size, we employ momentum focusing for measuring momentum distributions [7].

To determine the appropriate t_{1D} for the rapidity measurement, time-of-flight density distributions with $t_{1D} = 0 - 20$ ms are measured; see Fig. 2. By $t_{1D} \approx 15$ ms, the distributions have asymptoted to the same shape, indicating that the density distribution reflects the rapidity

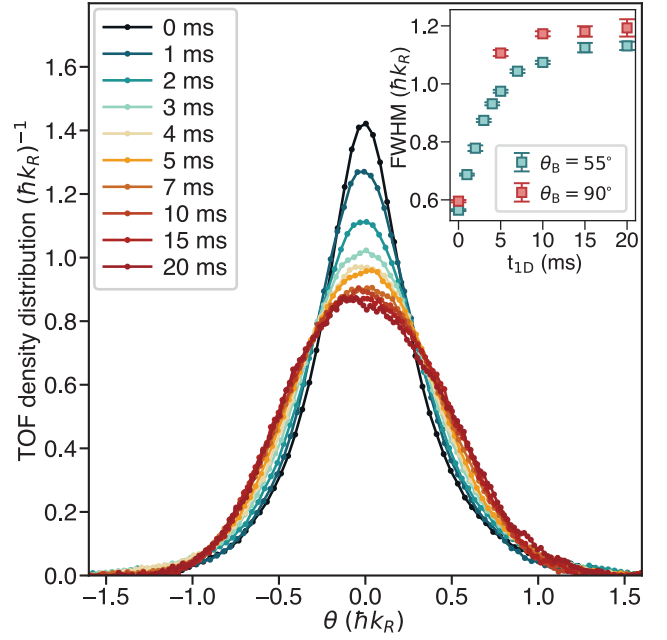


FIG. 2. The time-of-flight density distribution for $\theta_B = 55^\circ$ and $\gamma_T \approx 6.7$ for $t_{1D} = 0$ to 20 ms. The width of the distributions θ has been scaled by $\hbar k_R$. The distribution approaches its asymptotic distribution near $t_{1D} = 15$ ms. Data at later times suffer from imaging artifacts and are not used. Inset: The evolution of the FWHM of the distribution versus t_{1D} for $\gamma_T \approx 6.7$ at $\theta_B = 55^\circ$ (light green) and $\gamma_T \approx 8.7$ at $\theta_B = 90^\circ$ (red). Error bars are explained in Ref. [7].

distribution [3, 13, 14]. The inset also shows the saturation in the full width at half maximum (FWHM) of the distribution beyond 10–15 ms. For longer t_{1D} , imaging artifacts, stray magnetic field gradients, and lower signal-to-noise ratio degrade the image quality, as can be seen in the 20-ms data. We therefore use $t_{1D} = 15$ ms for the rapidity measurements.

We model the experimental system as a 2D array of 1D gases with only contact interactions. The Lieb-Liniger (LL) Hamiltonian [15] is augmented by a harmonic trap potential U_H :

$$H = -\frac{\hbar^2}{2m} \sum_{i=1}^N \frac{\partial^2}{\partial x_i^2} + \sum_{1 \leq i < j \leq N} g_{1D} \delta(x_i - x_j) + \sum_{i=1}^N U_H(x_i).$$

The first two terms comprise the LL model, and the third is the potential that traps the 1D gases. The properties of the LL model are parameterized by $\gamma = mg_{1D} / n_{1D} \hbar^2$, where n_{1D} is the 1D particle density. A $\gamma = 1$ denotes a strongly correlated Bose gas of intermediate-strength interactions, while a $\gamma \rightarrow \infty$ indicates a TG gas for which the diverging contact interactions among the bosons may be viewed, from the standpoint of real-space correlations at short distances, as a system of noninteracting spinless fermions [16]. In our model, we neglect the ‘intertube’ DDI between atoms in different 1D tubes. Whenever

$\theta_B \neq 55^\circ$, atoms in the same 1D gas also interact via the intratube DDI. We account for the short-range part of the intratube DDI by adding a 1D-regularized DDI contribution to the contact interaction term in the simulations; see Refs. [6, 7].

For the experiment-theory comparison, it is essential to model the experimental state preparation as closely as possible [4]. We assume that as the 2D optical lattice is turned on, there is a lattice depth U_{2D}^* at which the 3D gas decouples into individual 1D gases. We make the further assumption that, at this point, all the 1D gases are in thermal equilibrium with each other at temperature T^* . Then, using the local-density approximation (LDA) and the thermodynamic Bethe ansatz (TBA) [17], we determine the number of atoms and the entropy of each 1D gas as functions of U_{2D}^* and T^* . As the depth of the 2D optical lattice is increased beyond U_{2D}^* , we assume that the 1D gases neither exchange particles nor interact; recall that the intertube DDI is ignored. Thus, under this assumption, they no longer are in thermal equilibrium with each other. We assume this part of the loading process is adiabatic; namely, that the entropy of each 1D gas remains constant. We find the temperature of each 1D gas using: (i) the number of atoms and entropies calculated at decoupling, and (ii) the experimental parameters measured at the end of the state preparation. (Each gas is assumed to be in thermal equilibrium.) The momentum and rapidity distributions are then computed using these temperatures.

We compute the momentum distributions in the presence of the trap using path integral quantum Monte Carlo with worm updates [18–20]. The rapidity distributions are computed within the LDA by solving the TBA equations. We then sum the results of the 1D gases to compare to the experimental absorption-imaging measurements (which provide distributions averaged over all 1D gases). The values of γ_T reported in the figures and throughout the text reflect the γ at which the LL model—at the experimentally set g_{1D} at *finite temperature*—exhibits the same ratio of kinetic-to-interaction energy obtained in our modeling of the 1D gases at $\theta_B = 55^\circ$ [7]. For the colder, nondipolar 1D gases studied in Ref. [4], a zero-temperature modeling provided an accurate description of the experimentally measured rapidity distributions. We find such a ground-state description to be inapplicable to the dipolar ^{162}Dy gases studied here.

The free parameters in our model of state preparation are U_{2D}^* and T^* . We find the results to be rather insensitive to the precise value of U_{2D}^* , which suggests that assuming a single decoupling depth for all 1D gases is a reasonable approximation. We select $U_{2D}^* = 5E_R$ [7]. To find T^* , we minimize the quadrature sum of the differences between the experimental and theoretical momentum and rapidity distributions [7], which we call the “theoretical error.” We plot this error for the results in the TG limit versus T^* in the inset of Fig. 3(a). We

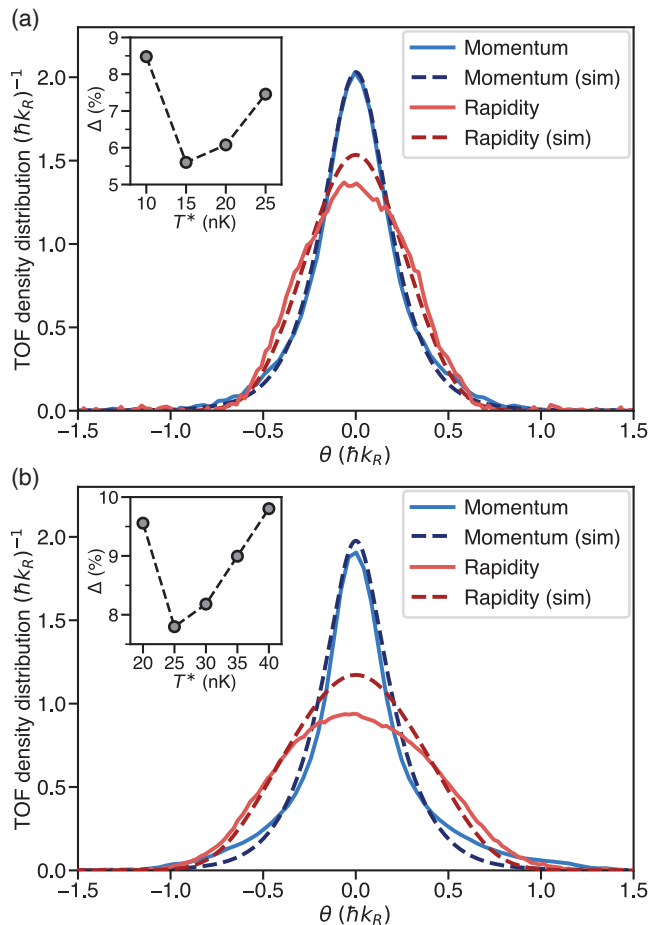


FIG. 3. Momentum and rapidity distributions; θ denotes either momentum or rapidity. Solid lines show the experimental momentum (blue) and rapidity (red) distributions, while the dashed lines show the simulation results. (a) Distributions for $\theta_B = 90^\circ$ and $\gamma_T \approx 420$ in the TG limit. The simulations use $T^* = 15$ nK and $U_{2D}^* = 5E_R$. (b) Distributions for $\theta_B = 55^\circ$ and $\gamma_T \approx 6.7$. The simulations use $T^* = 25$ nK and $U_{2D}^* = 5E_R$. Insets show the theoretical error used to select T^* ; see Ref. [7] for details.

find the error minimum to be $\sim 5.5\%$ at $T^* \approx 15$ nK. For $U_{2D}^* = 5E_R$ and $T^* \approx 15$ nK, we estimate the intertube DDI energy to be $\sim 4\%$ of the total energy (kinetic + interaction + trap) of the 1D gases. (The intertube DDI energy is estimated by summing all of the DDI energy between atoms in the 2D array of 1D gases using the density profiles calculated from the state preparation model.) The comparison between the theoretical and experimental results for the momentum and rapidity distributions is shown in Fig. 3(a). The agreement is remarkable for the momentum distribution. The theoretical rapidity distribution is slightly narrower, which might be due in part to the DDI energy being converted into rapidity energy during the 1D expansion.

Similarly, the comparison between experimental and theoretical results for the case of $\gamma_T \approx 6.7$ and $\theta_B = 55^\circ$ is

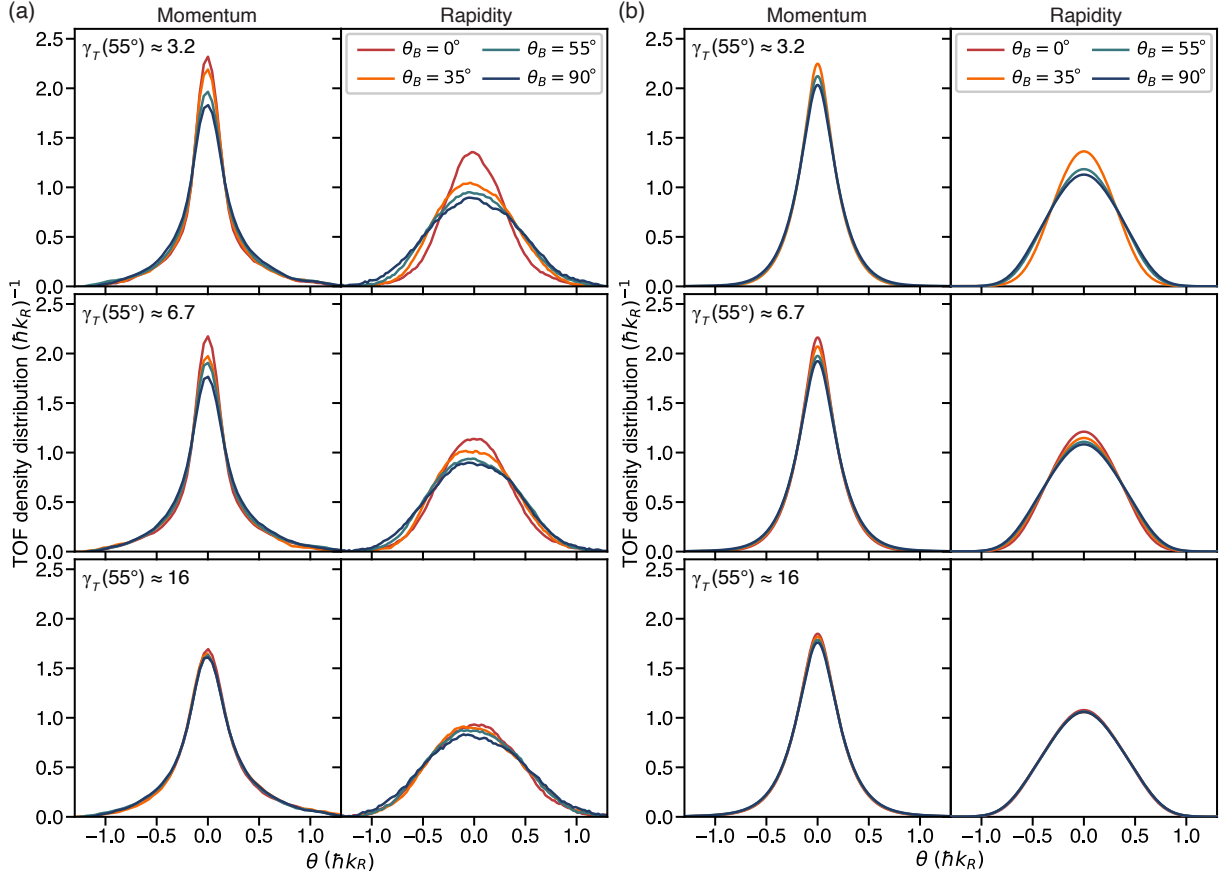


FIG. 4. (a) Measured momentum and rapidity distributions at field angles $\theta_B = 0^\circ, 35^\circ, 55^\circ$, and 90° with $\gamma_T(\theta_B = 55^\circ) \approx 3.2, 6.7$, and 16 . θ denotes either momentum or rapidity. (b) Corresponding simulation curves. The θ_B -dependence comes from the contribution to g_{1D} from the short-range part of the intratube 1D DDI. Note that the theory curves are missing for the case of $\gamma_T(55^\circ) \approx 3.2$ and $\theta_B = 0^\circ$: g_{1D} becomes negative in that case, which lies beyond that which we can simulate.

shown in Fig. 3(b). At $U_{2D}^* \approx 5E_R$, the theoretical error is smallest ($\sim 8\%$) for $T^* \approx 25$ nK. For those parameters, we estimate the intertube DDI energy to be $\sim 6\%$ of the total energy of the 1D gases. The theoretical distributions closely follow the experimental, but predict a lower occupation of high momenta and a narrower rapidity distribution. Overall, the theory-experiment agreement is worse than the TG results in Fig. 3(a).

Figure 4 reports our main results, the momentum and rapidity distributions of 1D dipolar quantum gases upon changing the contact and DDI strengths (and sign, in the case of the DDI). To reduce systematic variation, we always start from the same state [the one in Fig. 3(b)] when producing 1D gases with different interactions. That is, we begin with intratube nondipolar gases ($\theta_B = 55^\circ$) at the background scattering length (yielding $\gamma_T \approx 6.7$) before we then change (if necessary) the magnetic field strength and θ_B to the desired final setting. No additional fitting is used to produce the theory curves because the number of atoms and entropies of the 1D gases at decoupling were already computed. Hence, we need to find only the new temperatures of the 1D gases from the ex-

perimental parameters after the change in magnetic field rotation and/or strength.

The experimental results are shown in Fig. 4(a). One can see that increasing γ_T at fixed θ_B , as well as increasing θ_B at fixed γ_T , result in a broadening of the momentum and rapidity distributions. The experimental measurements also clearly show that the effect of changing θ_B becomes less prominent as γ_T increases. Those trends are all captured by our theoretical modeling, shown in Fig. 4(b). That said, the changes observed in the theoretical distributions at fixed γ_T when increasing θ_B are less prominent than in the experiments. This may be an indication of the importance of long-range DDI effects that are not accounted for in our modeling scheme.

The broadening in all cases is understood within our modeling procedure to be the result of increasing g_{1D} ; increasing θ_B increases g_{1D} via the correction to the contact interaction introduced by the short-range part of the intratube 1D DDI [7]. At fixed 1D particle density and temperature, the total and kinetic energies of the LL model are monotonically increasing functions of g_{1D} (despite the interaction energy being a monotonically de-

creasing function at large g_{1D}). Consequently, the rapidity and momentum distributions in the experiments are expected to broaden with increasing g_{1D} .

In summary, we showed that the DDI significantly effects the equilibrium rapidity and momentum distributions of dipolar ^{162}Dy gases. Our study opens the door to future explorations of dynamical effects due to the DDI. The model captured the main experimental trends, but quantitative differences remain. This is likely due, in part, to not accounting for the effect of the long-range aspect of the DDI. It couples different 1D gases as well as bosons that are far away within each 1D gas. The correlations and slow dynamical processes the long-range DDI produce go beyond what can be computed using state-of-the-art numerical methods. Another potential source of discrepancy are the nonthermal effects related to the near-integrability of the 1D gases as well as to heating. After the 1D gases decouple, we assumed each of them to be in thermal equilibrium at all times and neglected the effect of heating.

We hope our findings will motivate studies to incorporate the long-range part of the DDI in arrays of 1D gases described by otherwise integrable models [21], as well as to understand near-integrability nonthermal effects during their state preparation. Such endeavors may usher a new direction for precision quantum many-body physics involving near-integrable models with short-range interactions perturbed by long-range interactions.

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EXPERIMENTS

Experiment sequence

BEC production

A ^{162}Dy dipolar Bose-Einstein condensate (BEC) is prepared by evaporative cooling in a 1064-nm crossed optical dipole trap (ODT) with beam waists $\sim 65\ \mu\text{m}$ along $\hat{x}$. The typical atom number is $2.3(1) \times 10^4$ at a temperature of 38 nK with a BEC fraction of near 75%; these numbers are consistent with those reported in Ref. [22]. The final ODT trap frequency is $[55.5(6), 22.5(5), 119.0(7)]$ Hz. The bias magnetic field is set along $\hat{z}$ during the evaporation; this is the $\theta_B = 90^\circ$ direction, where θ_B is the field angle with respect to $\hat{x}$. The field is then slowly rotated to $\theta_B = 55^\circ$. During the field rotation, the field vector is kept in the x - z plane with a constant field magnitude. The angle $\theta_B = 55^\circ$ is chosen to remove the intratube dipole-dipole interaction (DDI) so that the results can be compared with numerical simulations using the Lieb-Liniger model. For the Tonks-Girardeau (TG) results, we prepare a BEC of $5.8(2) \times 10^3$ atoms at a temperature of ~ 20 nK with the field angle fixed at 90° for better field stability as we approach the Feshbach resonance [6].

Lattice loading

The BEC is loaded into a 2D optical lattice to create an array of 1D gases while the 1064-nm ODT remains on. The 2D optical lattice is 5-GHz blue-detuned from the $\lambda = 741$ nm atomic transition. The 741-nm beams have a beam of waist $\sim 150\ \mu\text{m}$ and are retroreflected. The lattice depth is adiabatically ramped to $30E_R$ in

200 ms, creating a strong confinement in both $\hat{y}$ and $\hat{z}$. The resulting transverse trap frequency is $\omega_\perp = 2\pi \times 25$ kHz. $E_R = \hbar^2 k_R^2 / 2m$ is the recoil energy and $k_R = 2\pi/\lambda$. There are around 40 atoms in the center tube. This reduces to around 15 for the TG case.

1D harmonic and flat trap

A 1560-nm ODT is then superimposed onto the 1064-nm ODT. Their powers are adjusted such that the longitudinal trap frequency is $\omega_\parallel = 2\pi \times 36.4(3)$ Hz. Using two ODT beams allows us to have better control of the trap shape when switching from the harmonic trap to the flat trap.

The longitudinal antitrap frequency due to the blue-detuned lattice beams is ~ 7 Hz at a lattice depth of $30E_R$. This antitrapping potential is balanced by the 1560-nm ODT. Its beam waist is $150\ \mu\text{m}$ to match the shape of optical lattice beams. This results in a flat, 1D trap of length $60\ \mu\text{m}$. The final trap configuration consists of the superposition of the 1064-nm ODT, the blue-detuned, 741-nm 2D optical lattice, and the 1560-nm ODT. The more tightly confining 1064-nm ODT sets the final longitudinal trap frequency $\omega_\parallel$. This configuration allows us to quickly switch off the longitudinal harmonic trap by turning off the 1064-nm ODT.

Field rotation and magnitude ramping

After the array of 1D dipolar gases is created, the field is rotated from $\theta_B = 55^\circ$ to the final angle of choice, either $\theta_B = 0^\circ$, 35° or 90° , or kept constant at 55° . The magnetic field is held within the x - z plane throughout the rotation at the evaporation field magnitude. The angular velocity is chosen to be $4\pi/3$ rad/s, which we experimentally found to be sufficiently slow to avoid collective excitations. Because of strong tensor light shifts [8], we must adjust the lattice power during the field rotation to maintain the $30E_R$ lattice depth. After the field reaches the final angle, we ramp its magnitude to set γ . This takes 50 ms. For the TG case, we hold the field at $\theta_B = 90^\circ$ throughout the sequence. The final field ramp takes 30 ms to reach the desired γ . This value is chosen to avoid atom loss during the ramp and to minimize collective excitations.

Scattering length and Feshbach resonance

Two Feshbach resonances are used for tuning the final γ value in the experiments. The s -wave scattering length

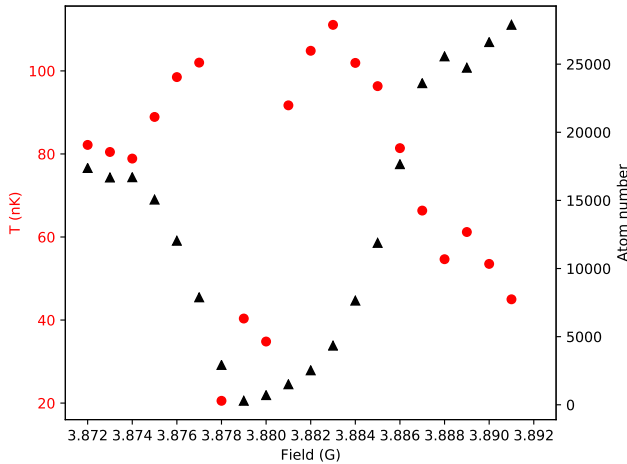
$a_{\text{bg}}(a_0)$	B_{01} (G)	Δ_1 (mG)	B_{02} (G)	Δ_2 (mG)
156(4)	5.112(1)	24(2)	3.879(1)	4(1)

TABLE I. Feshbach resonance parameters.

$a_{3\text{D}}(B)$ near each Feshbach resonance can be modeled by

$$a_{3\text{D}}(B) = a_{\text{bg}} \left(1 - \sum_i \frac{\Delta_i}{B - B_{0i}} \right), \quad (1)$$

for resonance poles at B_{0i} with widths Δ_i . The background scattering length is a_{bg} . Table I lists the parameters of the two Feshbach resonances. These parameters are obtained from anisotropic expansion measurements [23] and atom loss & temperature measurements during evaporative cooling versus B -field, as shown in Supp. Fig. 1. The field at the point of greatest atom loss and the highest temperature indicate the pole and zero-scattering-length fields, respectively. From these we infer B_{02} and Δ_2 . For the data in Fig. 4 of the main text, BEC evaporation is performed at 4.8 G for $\gamma_T(55^\circ) = 6.7$ and 16, and at 3.95 G for $\gamma_T(55^\circ) = 3.2$. Here, γ_T is our estimate of the average γ in the finite-temperature experimental setup. We discuss the calculation of γ_T below. For the TG data, the Feshbach resonance near 27 G is used to produce the high- γ state; see Ref. [6].



Supp. Fig. 1. Atom loss and temperature spectroscopy at fields near 3.88 G. Atom number shows a minimum at $B_{02} = 3.879(1)$ G, the pole of the resonance. The temperature has a peak at $B_{02} + \Delta_2 = 3.883$ G, with $\Delta_2 = 4(1)$ mG. The peak arises due to the vanishing cross section, which causes worse evaporative cooling efficiency and higher final temperature. The temperature dips near the resonance pole are due to atom loss.

Time-of-flight imaging

We use time-of-flight (TOF) absorption imaging. To ensure 3D ballistic expansion without contact interaction effects, we quickly change the B -field to set $a_{3\text{D}} \approx 0$ in less than a ms before release. An 18-ms 3D TOF expansion is used for all datasets. The resulting TOF images contain momentum/rapidity information along the $\hat{x}$ direction.

1D expansion

Mapping rapidities to free-particle momenta requires a long 1D expansion time. To expand the gas in 1D, the 1064-nm ODT beam is suddenly turned off. After the gas expands for a time $t_{1\text{D}}$ in the quasi-1D geometry, we perform the same measurement as described above.

Momentum focusing

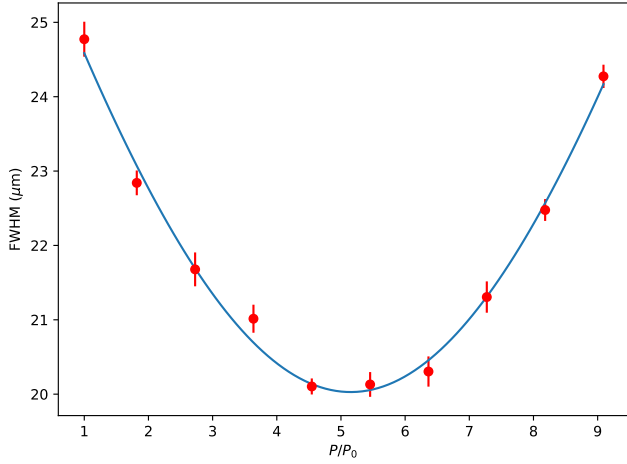
The long initial size of the unexpanded 1D gas can distort the TOF images, resulting in a poor momentum distribution measurement. We employ a momentum focusing protocol to correct this. A short momentum kick is applied to the gas along the longitudinal direction for 0.4 ms. This occurs via a sudden jump of power in the 1064-nm ODT after $a_{3\text{D}}$ is set to zero. The exact power level is calibrated experimentally, as shown in Fig. 2. The measured full-widths at half-maximums (FWHMs) are fitted to $w = w_0 \sqrt{1 + \alpha(P/P_0 - P_{\text{focus}})^2}$, where P_0 is the original ODT laser power; P_{focus} is found to be approximately $5.2P_0$. We do not need to use momentum focusing for the rapidity measurements after 1D expansion because the longer total expansion time makes the initial size effect negligible. This 1D expansion time is $t_{1\text{D}} = 15$ ms; see discussion in main text.

The interaction between atoms can complicate the effect of the momentum kick in the momentum focusing protocol. We experimentally show that there is a broadening effect when the s -wave interaction is not turned off; see Fig. 3. The low-momentum part near the center is broadened due to the s -wave interaction, showing that we must turn off this interaction before momentum focusing.

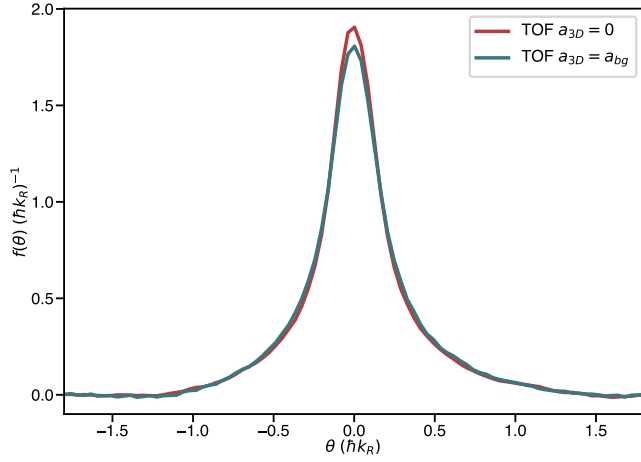
Data analysis

Image processing

The absorption images are processed by eigenimage analysis to remove fringes due to shot-to-shot variations of the imaging beam. All the processed images are post-selected for $\pm 10\%$ of the mean atom number. The col-

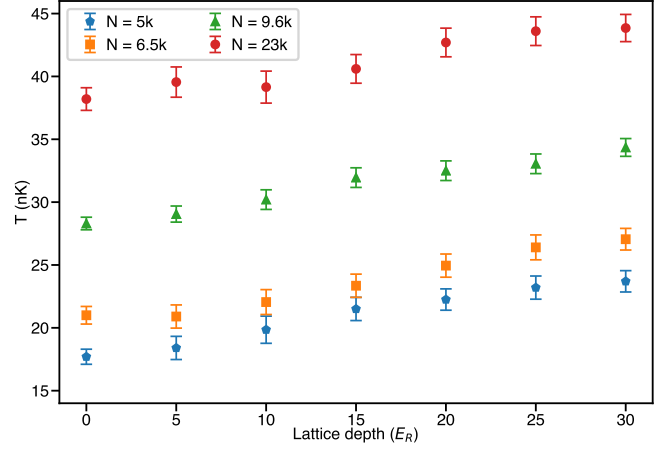


Supp. Fig. 2. Measured FWHM as a function of the focusing power. The field angle is set to $\theta_B = 55^\circ$. The fitted curve indicates that optimal focusing occurs near $P/P_0 = 5.2$.



Supp. Fig. 3. Red (green) curve shows the 1D distribution of the gas after momentum focusing with the s -wave interaction turned off (or remaining at a_{bg}) during the momentum kick. Here, $\theta_B = 55^\circ$.

umn density then provides the 1D momentum/rapidity distributions. Between 20-to-30 shots are typically taken for each configuration setting. A pixel-wise optical density (OD) average and standard deviation (σ_{OD}) is calculated. We flag pixels that are part of the zero-atom region if they are within $\pm 1\sigma_{OD}$ of zero. We then fit this zero-atom region with a third-order polynomial to determine the background noise level. (A small amplitude sinusoidal function is added to the fit to account for a periodic variation in background.) The background is then subtracted from the distribution. The FWHM of each 1D distribution is determined from each average. The lower (upper) bound of FWHM is estimated by offsetting the zero point of the distribution to the max (min) value of the residual background. Their differences



Supp. Fig. 4. Inferred temperature versus lattice depth during the loading sequence. Red circles represent the data for the number of atoms used for Fig. 4 in the main text. Orange squares and blue pentagons show the measurements with atom numbers slightly above and below that which we use in the TG-gas experiments.

from the nominal FWHM are calculated, and the larger value is reported as the FWHM uncertainty in the inset to Fig. 2 of the main text.

Heating during the 1D gas preparation

We now gauge the amount by which the system heats during the loading procedure. To do so, we load the BEC into the 2D optical lattice up to various lattice depths and then follow the exact same reverse procedure to remove the 2D optical lattice. We then use a double-Gaussian fit to obtain a measure of the temperature from the Gaussian-shaped thermal wings. A Gaussian, rather than inverted parabola is used to fit the center, because the BEC is not deeply in the Thomas-Fermi regime. The measured temperature is corrected via deconvolution by two factors arising from the finite TOF and the finite-imaging resolution ($\sim 4 \mu\text{m}$).

It is assumed that the temperature increase is identical during loading and deloading, allowing us to infer the amount of heating that occurs during the loading procedure. The results are presented in Fig. 4 for various initial atom numbers. Because the results show only a few nK of heating, we neglect the effect of heating after the 1D gases decouple; see the modeling discussion below. If the system is always thermalizing, any potential heating that occurs before the decoupling of the system into 1D gases is expected to be accounted for by our fitting of the temperature of the 1D gases when they decouple (see the modeling discussion next).

MODELING

Experimental system

Neglecting the intertube DDI, the experimental system can be modeled as a 2D array of independent 1D gases. Each 1D gas is described by the Lieb-Liniger Hamiltonian [15], with the addition of an intratube DDI $U_{\text{DDI}}^{\text{1D}}$ and a longitudinal harmonic confining potential U_{H} ,

$$H = \sum_{i=1}^N \left[-\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x_i^2} + U_{\text{H}}(x_i) \right] + \sum_{1 \leq i < j \leq N} [g_{\text{1D}}^{\text{vdW}} \delta(x_i - x_j) + U_{\text{DDI}}^{\text{1D}}(\theta_{\text{B}}, x_i - x_j)], \quad (2)$$

where m is the mass of the ^{162}Dy atoms and N is the number of atoms. $g_{\text{1D}}^{\text{vdW}} = -\hbar^2/(ma_{\text{1D}})$ is the effective 1D contact interaction due to the van der Waals force. It depends on the depth of the 2D optical lattice U_{2D} and on the 3D s-wave scattering length $a_{\text{3D}}(B)$, set by the magnetic field, through $a_{\text{1D}} = -a_{\perp}(a_{\perp}/a_{\text{3D}}(B) - C)/2$. a_{1D} is the 1D scattering length, where $a_{\perp} = \sqrt{2\hbar/(m\omega_{\perp})}$ is the transverse confinement, $\omega_{\perp} = \sqrt{2U_{\text{2D}}k_0^2/m}$, and $C = -\zeta(1/2) \simeq 1.4603$ [24]. The longitudinal confinement potential is modeled as a harmonic trap $U_{\text{H}}(x) = \frac{1}{2}m\omega_x^2 x^2$, where ω_x is the trapping frequency.

The effective intratube DDI in the single-mode approximation has the following form [5, 6, 25–27],

$$U_{\text{DDI}}^{\text{1D}}(\theta_{\text{B}}, x) = \frac{\mu_0 \mu^2}{4\pi} \frac{1 - 3 \cos^2 \theta_{\text{B}}}{\sqrt{2} a_{\perp}^3} \left[V_{\text{DDI}}^{\text{1D}}(u) - \frac{8}{3} \delta(u) \right], \quad (3)$$

where $V_{\text{DDI}}^{\text{1D}}(u) = -2|u| + \sqrt{2\pi}(1 + u^2)e^{u^2/2}\text{erfc}(|u|/\sqrt{2})$, $u = \sqrt{2}x/a_{\perp}$, and $\text{erfc}(x)$ is the complementary error function. $\mu = 9.93\mu_{\text{B}}$ is the dipole moment of ^{162}Dy .

The 1D Hamiltonian (2) is not exactly solvable in the presence of $U_{\text{DDI}}^{\text{1D}}(\theta_{\text{B}}, x)$, except at $\theta_{\text{B}} \approx 55^\circ$, at which the intratube DDI vanishes. In order to account for the leading-order effect of the intratube DDI, which is due to its short-range part, we consider it as a correction to the contact interaction term,

$$\tilde{U}(\theta_{\text{B}}, x) = \frac{\mu_0 \mu^2}{4\pi} \frac{1 - 3 \cos^2 \theta_{\text{B}}}{2a_{\perp}^2} \left[A - \frac{8}{3} \right] \delta(x) = g_{\text{1D}}^{\text{DDI}} \delta(x), \quad (4)$$

where $A = \int_{-\infty}^{\infty} V_{\text{DDI}}^{\text{1D}}(u) du = 4$. The Hamiltonian (2) can then be written as

$$\tilde{H} = \sum_{i=1}^N \left[-\frac{\hbar^2}{2m} \frac{\partial^2}{\partial x_i^2} + U_{\text{H}}(x_i) \right] + \sum_{1 \leq i < j \leq N} g_{\text{1D}} \delta(x_i - x_j), \quad (5)$$

where

$$g_{\text{1D}} = g_{\text{1D}}^{\text{vdW}} + g_{\text{1D}}^{\text{DDI}}. \quad (6)$$

a_{3D} (a_0)	$g_{\text{1D}}^{\text{vdW}}$ ($\frac{\hbar^2}{m} \mu\text{m}^{-1}$)	θ_{B}	$g_{\text{1D}}^{\text{DDI}}$ ($\frac{\hbar^2}{m} \mu\text{m}^{-1}$)	g_{1D} ($\frac{\hbar^2}{m} \mu\text{m}^{-1}$)
89.5	4.1	0°	-5.4	-1.3
89.5	4.1	35°	-2.7	1.4
89.5	4.1	55°	0	4.1
89.5	4.1	90°	2.7	6.8
167	8.5	0°	-5.4	3.1
167	8.5	35°	-2.7	5.8
167	8.5	55°	0	8.5
167	8.5	90°	2.7	11.2
320	20.4	0°	-5.4	15.0
320	20.4	35°	-2.7	17.7
320	20.4	55°	0	20.4
320	20.4	90°	2.7	23.1
803	260	90°	2.7	263

TABLE II. List of g_{1D} parameters. Relevant scattering lengths and the corresponding $g_{\text{1D}}^{\text{vdW}}$ are listed. The DDI correction $g_{\text{1D}}^{\text{DDI}}$ is calculated using Eq. (4), and g_{1D} is calculated using Eq. (6).

The values of $g_{\text{1D}}^{\text{vdW}}$, $g_{\text{1D}}^{\text{DDI}}$, and g_{1D} for the experimental results reported in the main text are shown in Table II. In the absence of U_{H} , this Hamiltonian is exactly solvable via the Bethe ansatz [15, 17]. The observables in equilibrium depend on the dimensionless parameter $\gamma = mg_{\text{1D}}/(\hbar^2 n_{\text{1D}})$, where n_{1D} is the 1D density.

We use path integral quantum Monte Carlo with worm updates [18–20] to compute the momentum distributions for the equilibrium states of Hamiltonian (5). The rapidity distributions for these states are calculated solving the thermodynamic Bethe ansatz equations [17] within the local density approximation (LDA).

SIMULATION OF STATE PREPARATION

To compare to the experimental measurements, we carry out theoretical calculations that model the 1D gases forming the 2D array. For 1D gas “ l ,” at spatial location (y_l, z_l) in the 2D plane, we need to find the number of atoms N_l and the temperature T_l . In this section, we explain how these parameters are computed to model as close as possible what is experimentally done.

In our experiment, we load a 3D BEC with N_{tot} atoms at temperature T_{3D} in a 2D optical lattice (U_{2D}) that is ramped-up to create the 2D array of 1D gases. Our *first* theoretical assumption is that at a lattice depth U_{2D}^* (which sets g_{1D}^*) the 3D gas decouples into individual 1D gases with N_l atoms. Our *second* assumption is that all the 1D gases are in thermal equilibrium at a temperature T^* with each other at that point. Given those assumptions, we can use the exact solution of the homogeneous Lieb-Liniger model at finite temperature—together with the LDA and knowledge from measurements of N_{tot} and ODT frequencies ω_x , ω_y , and ω_z —to determine the number of atoms N_l in each 1D gas. (We round N_l to the

nearest integer number.) We can do this for any given decoupling depth U_{2D}^* and temperature T^* at decoupling. We also compute the entropy S_l of each 1D gas at that point. The effectiveness of such a theoretical modeling procedure, under the assumption that the entire system is in the ground state at all times, was demonstrated in Ref. [4] for 1D gases with only contact interactions.

As the loading in the 2D optical lattice proceeds beyond U_{2D}^* to the final 2D lattice depth, our *third* assumption is that the process is adiabatic; namely, that the entropy S_l (not the temperature) of each 1D gas remains constant. Using that entropy and the parameters for each 1D gas at the end of the state preparation, we find the temperature T_l of each 1D gas and use it to compute the momentum and rapidity distributions. It is important to stress that after the 2D lattice is ramped to its final depth, our state preparation includes the experimentally relevant reduction of the longitudinal trapping frequency ω_x . This overall procedure not only makes T_l lower than T^* but also results in different temperatures across the array of 1D gases. In our calculations, we first group the 1D tubes with the same $N_l = N$ (rounded to the closest integer) and assume that they have the same entropy [using the average entropy $\bar{S}(N) = \overline{S_l(N_l = N)}$]. Then, we search for $T(N)$ (in a grid of temperatures that change in steps of 0.5 nK) that produces the appropriate $\bar{S}(N)$ using the value of ω_x and g_{1D} at the end of the state preparation.

The free parameters in our modeling of the experiment are U_{2D}^* and T^* . We select their values by minimizing the quadrature sum of the differences between the experimental measurements and the theoretical calculations for the momentum and rapidity distributions

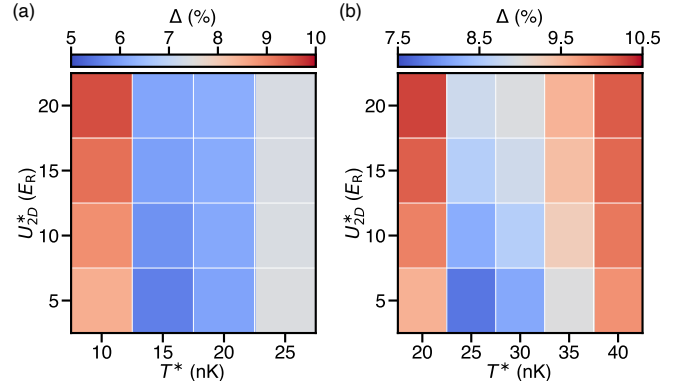
$$\Delta = \sqrt{\Delta_{\text{rapidity}}^2 + \Delta_{\text{momentum}}^2}, \quad (7)$$

where

$$\Delta_\alpha = \frac{\sum |f_\alpha^{\text{exp.}}(k) - f_\alpha^{\text{theo.}}(k)| \delta k}{\sum |f_\alpha^{\text{exp.}}(k)| \delta k + \sum |f_\alpha^{\text{theo.}}(k)| \delta k}, \quad (8)$$

and α denotes either rapidity or momentum. We call Δ the theoretical error.

Results for the theoretical error as a function of T^* and U_{2D}^* are shown in Fig. 5. We use a coarse grid of temperatures (in 5-nK steps) and decoupling depths (in $5E_R$ steps) because our strong assumptions in the modeling of the state preparation do not make a finer grid quite meaningful. Figure 5 shows that, around the minimum theoretical error, the error depends strongly on T^* and weakly on U_{2D}^* . The latter suggests that assuming a single decoupling depth is a reasonable approximation. We also find that, likely because of ignoring the effect of the DDI, our theoretical error is lower at low decoupling depths. This is because low decoupling depths result in higher particle densities in the 1D gases and, hence, in broader rapidity distributions, which are closer to (yet



Supp. Fig. 5. Theoretical error for the experimental parameters considered in Fig. 2 of the main text. (a) and (b) correspond to the parameters in the same panels of that figure.

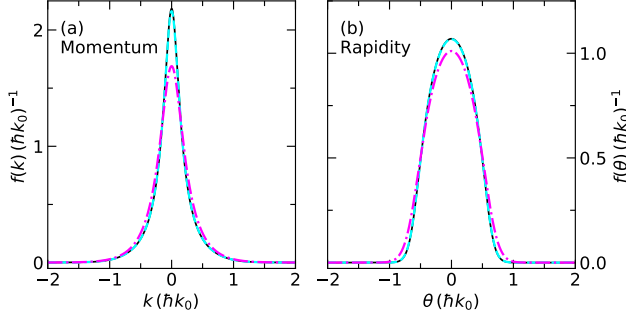
still narrower than) the experimental ones. For our simulations we select $U_{2D}^* = 5E_R$. The line cut along $5E_R$ is shown in the insets of Fig. 3 of the main text.

An interesting observation is that the experimentally estimated BEC temperature T_{3D} is higher than the optimal T^* at decoupling, which suggests that the loading from 3D to 1D results in cooling even if this process is not perfectly adiabatic—we do not assume adiabaticity in the transition from 3D to 1D. Note that adiabaticity is assumed after decoupling.

Reduction of ω_x

Our modeling of the experimental state preparation pinpointed a process that results in cooling of the 1D gases (a reduction in T_l from T^*). It is the ramping down of the longitudinal trap frequency with the opening of the trap; ω_x changes linearly from $\omega_x^i = 2\pi \times 55.5$ Hz to $\omega_x^f = 2\pi \times 36.4$ Hz in 150 ms. The 1D gases expand and adiabatically cool.

We used numerical simulations in the TG limit ($g_{1D} \rightarrow \infty$) to check that the experimental protocol followed during this step is slow enough to produce adiabatic cooling. In Fig. 6, we plot the numerical results for the (a) momentum and (b) rapidity distributions after the reduction of ω_x . The calculations were done for a single 1D gas with $N = 20$ atoms at $T^i = 15$ nK before the trap changes. We do the exact time evolution with the numerical approach introduced in Ref. [28]. The linear ramp downward of the trap frequency is discretized in 600 steps in our calculation. The results after the linear ramp (solid lines) agree with the calculations for an equilibrium state in the $\omega_x = 2\pi \times 36.4$ Hz trap at 10 nK (dashed lines), which has the closest entropy (within the 0.5-nK temperature-resolution used) to the state ($T^i = 15$ nK with $\omega_x = 2\pi \times 55.5$ Hz) before this operation. As reference, we also plot calculations for



Supp. Fig. 6. Numerical results for (a) momentum and (b) rapidity distributions after the reduction of ω_x to its final value. We studied a single 1D gas with $N = 20$ particles at the TG limit. Solid lines are the results of the exact dynamics following the reduction of ω_x in the experiment, where we start from an equilibrium state at 15 nK with $\omega_x^i = 2\pi \times 55.5$ Hz and simulate the linear reduction of the trap frequency to $\omega_x^f = 2\pi \times 36.4$ Hz in 150 ms. Dashed (dashed-dotted) lines are the calculations for an equilibrium state at 10 nK (15 nK) with $\omega_x = 2\pi \times 36.4$ Hz. The 10 nK state is the one that has the closest entropy (within the 0.5-nK temperature-resolution used) to the initial state.

an equilibrium state in the $\omega_x = 2\pi \times 36.4$ Hz trap at 15 nK (dashed-dotted lines).

g_{1D} ($\hbar^2/m \mu\text{m}^{-1}$)	$\bar{T}$ (nK)	γ_T
-1.3	-	-
1.4	16	1.0
4.1	16	3.2
6.8	16	5.3
3.1	16	2.2
5.8	16	4.5
8.5	16.5	6.7
11.2	16.5	8.7
15.0	16.5	12
17.7	16.5	14
20.4	17	16
23.1	17	19
263	10	420

TABLE III. Calculated γ_T for the experimental parameters considered in the main text. See Table II for the experimental parameters underpinning the calculation of g_{1D} .

DEFINITION AND VALUES OF γ_T

Due to the presence of the confining potential in experimental systems, $\gamma(x) = mg_{1D}/[\hbar^2 n_{1D}(x)]$ depends on the local 1D density $n_{1D}(x)$. To gauge how strongly correlated a specific inhomogeneous 1D system is, one can compute the weighted average $\bar{\gamma} = \int dx n_{1D}(x) \gamma(x) / [\int dx n_{1D}(x)] = \int dx g_{1D} / N$. $\bar{\gamma}$ is well defined at zero temperature, $\int dx = x_0$, where x_0 is the size of the trapped 1D gas; however, at finite temperature, the particle density exhibits long tails and so x_0 is not well defined [20]. Previous work circumvented this problem replacing $x_0 \rightarrow x_0^\eta$, where x_0^η is computed using the specific fraction η of the atoms that is within $[-x_0^\eta, x_0^\eta]$; e.g., 80% of the atoms in Ref. [29]. We follow a different approach in order to avoid the arbitrariness in selecting the fraction η .

We instead report γ_T , which is based on the ratio of kinetic and interaction energy. We compute γ_T as follows. For a given set of experimental parameters, we calculate the ratio between the total kinetic ($E_K = \sum_i E_K^i$) and total interaction energy ($E_I = \sum_i E_I^i$), as obtained from our modeling. γ_T is the value of γ of a homogeneous system at finite temperature that has exactly that ratio. The homogeneous system is selected to have the same g_{1D} as the trapped one, and a temperature that is the weighted average temperature of the array of 1D gases, $\bar{T} = \sum_i N_i T_i / \sum_i N_i$. Since E_K/E_I is a monotonic function with γ , it is straightforward to find the particle density $n_{1D}^{\bar{T}}$ in such a homogeneous system for which E_K/E_I matches the result obtained for the modeling of the experimental results. Then we compute $\gamma_T = mg_{1D}/(\hbar^2 n_{1D}^{\bar{T}})$. In Table III, we show the calculated γ_T for the experimental parameters considered in the main text.